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7 D. Bluerst

Secretary of State

EXECUTIVE ORDER 86-6

WHEREAS, the benefits of physical fitness and health are demonstrated by an improved quality of life, reduced stress and illness and increased life expectancy; and

WHEREAS, increased awareness of methods to improve physical fitness and health will be beneficial to Missourians of all ages; and

WHEREAS, the most significant method for achieving an increase in the level of each person's physical fitness and health is to provide accurate information, and to give people the opportunity to participate in fitness related programs; and

WHEREAS, Missourians across the state are participating in an organized or individual exercise program now more than ever; and

WHEREAS, it is appropriate that the Governor initiate a statewide effort to encourage all Missourians to become more physically fit and healthy.

NOW, THEREFORE, I, JOHN ASHCROFT, GOVERNOR OF THE STATE OF MISSOURI, by virtue of the authority vested in me by the Constitution and laws of the State of Missouri, hereby create and establish the Governor's Advisory Council on Physical Fitness and Health.

Membership of the Council shall consist of sixteen (16) members and shall be appointed as follows to serve four year terms except for those first appointed. Four (4) shall serve for a one year term, four (4) shall serve a two year term, four (4) shall serve a three year term and four (4) shall serve a four year term.

The Governor shall designate one (1) of the members of the Council to serve as chairman. The chairman shall call meetings of the Council at least quarterly. The Office of Administration shall provide any staff assistance required by the Council. Members of the Council shall receive no compensation for their services but may be reimbursed for their actual and necessary expenses incurred in the performance of their duties.

The duties of the Council shall include but are not limited to: 1) advising the Governor, the Commissioner of Administration and others of ways to enhance the physical fitness and health of all Missourians; 2) identifying and implementing new statewide programs to accomplish these goals; 3) devising methods which heighten the awareness of all Missourians of the need to maintain good health and fitness; 4) encouraging the exchange of information about fitness and health; and 5) supplying private and public sector experts to oversee specific projects which are devised to improve the physical fitness and health of all Missourians. EXECUTIVE ORDER 86-6 Page 2

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The Missouri Governor's Advisory Council on Physical Fitness and Health shall report annually to the Governor and Commissioner of Administration on its activities and on the results of its studies, and shall include any recommendations in said report. This order shall expire on July 1, 1989 unless renewed by an Executive Order prior to that date.

> IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Missouri, in the City of Jefferson, on this <u>10</u> day of <u>March</u>, 1986.

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ATTEST

SECRETARY OF