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**Rules of**  
**Department of Insurance,**  
**Financial Institutions and**  
**Professional Registration**  
**Division 2197—Board of Therapeutic Massage**  
**Chapter 4—Apprenticeship**

<b>Title</b>	<b>Page</b>
<b>20 CSR 2197-4.010</b> Certified Mentor .....	3
<b>20 CSR 2197-4.020</b> Certified Mentor—Apprenticeship Program (Rescinded March 30, 2008).....	3



**Title 20—DEPARTMENT OF  
INSURANCE, FINANCIAL  
INSTITUTIONS AND  
PROFESSIONAL REGISTRATION**  
Division 2197—Board of Therapeutic  
Massage  
Chapter 4—Apprenticeship

**20 CSR 2197-4.010 Certified Mentor**

*PURPOSE: This rule outlines the requirements for licensure as a certified mentor.*

(1) A certified mentor shall:

- (A) Be licensed as a massage therapist;
- (B) Complete an application to be certified by the board as a mentor and pay the appropriate fee;
- (C) Submit evidence documenting at least five (5) years massage therapy professional practice with an average of four hundred fifty (450) hours per year of massage teaching and/or massage practice hours. Documentation may include but is not limited to a combination of the following:
  - 1. Income tax forms;
  - 2. Professional massage therapy association membership(s);
  - 3. Certificates of continuing education in massage therapy;
  - 4. Business license(s);
  - 5. Office rent or lease agreement(s);
  - 6. Yellow page advertisements with dates;
  - 7. Printed advertisements with dates;
  - 8. Professional insurance;
  - 9. Cancelled checks related to the massage therapy practice which shall include but not be limited to payment for rent, services rendered and/or massage therapy supplies;
  - 10. Verifiable letter(s) from employer(s);
  - 11. Verifiable letter(s) from a school owner, program director and/or former students;
  - 12. Verifiable letter(s) of referral for massage therapy services from a licensed healthcare professional;
  - 13. Verifiable letters of confirmation from clients of massage therapy experience;
  - 14. Work log or client records consisting of client's name, address and/or telephone number, appointment date, and time period worked on client; or
  - 15. Student roster consisting of student's name, address and/or telephone number, date of attendance and time period of attendance;
- (D) Submit documentation that the mentorship program consists of at least five hundred (500) clock hours of supervised instruction as follows:
  - 1. Three hundred (300) clock hours ded-

icated to massage theory and practice techniques taught by the certified mentor;

2. One hundred (100) clock hours dedicated to the study of anatomy and physiology taught by one (1) of the following:

A. The board-approved mentor with an associate, bachelor, or advanced degree in a science related field from a college, university, or other institution of higher learning in the United States accredited by a regional accrediting commission recognized by the U.S. Department of Education that includes a course of study in anatomy and physiology. Such degrees include but are not limited to physical therapy, chiropractic, osteopathy, medicine, nursing, chemistry, or biology;

B. A school, college, university, or other institution of higher learning in the United States accredited by a regional accrediting commission recognized by the U.S. Department of Education, a massage therapy program approved by the Missouri Coordinating Board for Higher Education (CBHE), or an out-of-state school approved by an agency equivalent to the Missouri CBHE; or

C. The board-approved mentor with fifteen (15) semester hours or twenty-five (25) quarter hours in science or science related courses from a college, university, or other institution of higher learning in the United States accredited by a regional accrediting commission recognized by the U.S. Department of Education. All course work must have a passing grade and at least eight (8) semester hours or fifteen (15) quarter hours of the course of study shall be in anatomy and physiology. For the purpose of this regulation a semester hour is equivalent to fifteen (15) clock hours and a quarter hour is equivalent to ten (10) clock hours;

3. Fifty (50) clock hours dedicated to business practice, professional ethics, hygiene and massage law in the state of Missouri taught by the board-certified mentor with documented experience in a related field; and

4. Fifty (50) clock hours dedicated to ancillary therapies taught by the board-certified mentor with documented experience in a related field. The fifty (50) clock hours shall include but not be limited to cardiopulmonary resuscitation (CPR) and first aid which shall be provided by an instructor who holds the respective certification; and

(E) Submit verification of instructor credentials and the course of study with proposed time line.

(2) The certified mentor must provide the board with any change(s) in the course of study or time line at least sixty (60) days

prior to implementing the change, for board approval. If the board determines that the change(s) is substantive in nature, the board may require the certified mentor to reapply for approval as a certified mentor in accordance with this rule and pay the appropriate fee.

(3) The certified mentor shall provide massage therapy education and direct supervision for no more than four (4) students enrolled at any given time and no more than eight (8) students per calendar year.

(4) When providing massage to the general public, the certified mentor shall conduct such training at a massage therapy business licensed by the board.

(5) The mentorship shall be at least five (5) months in duration and shall be completed within twenty-four (24) months of commencement.

(6) For the purpose of this regulation, the course of instruction meeting the educational requirements for licensure shall not be provided via correspondence course, audiotape, videotape, or the Internet unless approved by the board. The course of instruction shall be face-to-face, visually and verbally interactive, between an instructor and the student(s).

*AUTHORITY: section 324.240, RSMo 2000 and section 325.245, RSMo Supp. 2007.\* This rule originally filed as 4 CSR 197-4.010. Original rule filed Feb. 25, 2000, effective Sept. 30, 2000. Moved to 20 CSR 2197-4.010, effective Aug. 28, 2006. Amended: Filed Aug. 21, 2007, effective March 30, 2008.*

*\*Original authority: 324.240, RSMo 1998, amended 1999; 324.245, RSMo 1998, amended 1999, 2003, 2006.*

**20 CSR 2197-4.020 Certified Mentor—Apprenticeship Program**  
(Rescinded March 30, 2008)

*AUTHORITY: sections 324.240, 324.245, 324.247, 324.250 and 324.265, RSMo Supp. 1999. This rule originally filed as 4 CSR 197-4.020. Original rule filed Feb. 25, 2000, effective Sept. 30, 2000. Moved to 20 CSR 2197-4.020, effective Aug. 28, 2006. Rescinded: Filed Aug. 21, 2007, effective March 30, 2008.*