# Rules of **Department of Economic Development**

## Division 233—State Committee of Marital and Family Therapists Chapter 2—Licensure Requirements

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#### Title 4—DEPARTMENT OF ECONOMIC DEVELOPMENT

Division 233—State Committee of Marital and Family Therapists Chapter 2—Licensure Requirements

## 4 CSR 233-2.010 Educational Requirements

PURPOSE: This rule defines the educational requirements to be licensed as a marital and family therapist.

- (1) To apply for licensure or supervision, an applicant shall have received a graduate degree at the master's, specialist's or doctoral level with either a major in marriage and family therapy or an equivalent graduate course of study in a mental health discipline from a regionally accredited institution acceptable to the United States Department of Education.
- (A) A graduate program in marriage and family therapy shall consist of at least forty-five (45) semester hours or sixty (60) quarter hours of study in the area of marriage and family therapy; or
- (B) An equivalent graduate course of study in a mental health discipline shall consist of at least forty-five (45) semester hours or sixty (60) quarter hours of study. The applicant shall have completed graduate or postgraduate course work in each core area as defined in 4 CSR 233-2.010(7)(A)–(F).
- (2) When evaluating transcripts based on a quarter hour system, the state committee shall consider a quarter hour of academic credit as two-thirds (2/3) of a semester hour. A semester hour of credit shall be defined as fifteen (15) clock hours of regularly scheduled classroom study.
- (3) For graduate training beginning prior to January 1, 1981, an applicant shall have completed the following:
- (A) Six (6) semester hours or ten (10) quarter hours of study in the area of marriage and family therapy or mental health intervention. For the purpose of this rule, mental health intervention shall be defined as course work covering therapeutic methods for the assessment and treatment of mental disorders; and
- (B) Six (6) semester hours or ten (10) quarter hours of study in the areas of human development and family studies or human development; and
- (C) Three (3) semester hours or five (5) quarter hours of practicum.

- (4) For graduate training beginning after January 1, 1981 and before August 31, 2000, applicants shall have completed the following:
- (A) Six (6) semester hours or (10) ten quarter hours of study in the area of marriage and family therapy; and
- (B) Six (6) semester hours or (10) ten quarter hours of study in the area of human development and family studies; and
- (C) Three (3) semester hours or five (5) quarter hours of research methodology; and
- (D) Three (3) semester hours or five (5) quarter hours of study in the area of ethics and professional studies; and
- (E) Three (3) semester hours or five (5) quarter hours of practicum.
- (5) For graduate training beginning after August 31, 2000, the applicant shall have completed the following:
- (A) Three (3) semester hours or five (5) quarter hours of study in the area of theoretical foundations of marriage and family therapy; and
- (B) Twelve (12) semester hours or twenty (20) quarter hours of study in the area of the practice of marriage and family therapy; and
- (C) Six (6) semester hours or ten (10) quarter hours of study in the area of human development and family studies; and
- (D) Three (3) semester hours or five (5) quarter hours of study in the area of ethics and professional studies; and
- (E) Three (3) semester hours or five (5) quarter hours of study in the area of research methodology; and
- (F) Six (6) semester hours or ten (10) quarter hours of practicum in marital and family therapy.
- (6) Graduate course work in marriage and family therapy or a course of study in a mental health discipline from a school, college or university or other institution of higher learning outside the United States may be considered in compliance with these rules if, at the time the applicant was enrolled and graduated, the school, college, university or other institution of higher learning maintained a standard of training substantially equivalent to the standards of training of those institutions accredited by one of the regional accrediting commissions recognized by the United States Department of Education.
- (A) A graduate program in marriage and family therapy shall consist of at least forty-five (45) semester hours or sixty (60) quarter hours of study in the area of marriage and family therapy; or
- (B) An equivalent graduate course of study in a mental health discipline shall consist of

at least forty-five (45) semester hours or sixty (60) quarter hours of study. The applicant shall have completed graduate or postgraduate course work in each core area as defined in 4 CSR 233-2.010(7)(A)–(F).

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- (7) A course shall be counted once in granting credit for a core area and shall be an indepth study solely devoted to a particular core area. No core area credit shall be given for courses which contain only a component or some aspects of a core area. The core areas are defined as follows:
- (A) Theoretical Foundations of Marriage and Family Therapy—Courses in this area cover the development, theoretical foundations, contemporary conceptual directions, and critical philosophical issues of marriage and family therapy;
- (B) The Practice of Marriage and Family Therapy—Courses in this area cover the historical development, theoretical foundations, contemporary conceptual directions, and critical philosophical issues of marriage and family therapy and applied marriage and family therapy practice. Within the context of systems theory and marriage and family therapy, courses will cover assessment, evaluation and treatment of dysfunctional relationship patterns and mental disorders consistent with the scope of practice as defined in section 337.700(7), RSMo Cum. Supp. 1997. Major marriage and family therapy assessment methods and instruments shall be covered;
- (C) Human Development and Family Studies—Courses in this area cover the life cycle of individuals, couples and families and the modification of relationship dynamics over time from a systems perspective. Courses shall address issues of relationships, normal development and dysfunctional patterns, as well as issues of sexuality, gender, ethnicity, race, socioeconomic status, religion, culture and other issues of diversity which emerge in a pluralistic society;
- (D) Ethics and Professional Studies—Courses in this area cover the development of professional commitment, identity, and accountability. Studies shall include professional socialization and professional organizations, licensure and credentials, legal responsibilities and liabilities of clinical practice and research, business ethics in professional practice, family law, confidentiality, professional marital and family therapy codes of ethics, and cooperation with members of other mental health professions. The course shall be specific to the practice and profession of marriage and family therapy;
- (E) Research Methodology—Courses in this area cover an understanding of research

methodology and data analysis with the ability to evaluate research. Course content shall include both qualitative and quantitative research; and

- (F) Practicum in Marriage and Family Therapy—The practicum or internship consists of direct, face-to-face client contact to include couple and family formats. Individual supervision with one (1) or two (2) students in face-to-face consultation with a supervisor shall be provided. Students shall be trained to make relevant assessments of client systems.
- (8) Any course offered primarily by audio or video tape or non-interactive communication, shall not be acceptable for course work pursuant to 4 CSR 233-2.010(7)(A)–(F), even if credit is awarded by the educational institution and the offering appears on the transcript.
- (A) For the purpose of this rule non-interactive communication shall be defined as those courses transmitted via satellite in which the student has no means of simultaneously interacting with the course instructor visually and verbally during the transmission of course information.
- (9) Independent studies, courses listed on the transcript as a seminar, and readings courses shall be clearly delineated on the transcript and shall be submitted to the state committee for review and approval. It shall be the applicant's responsibility to document that the course work is in compliance with the core course requirements defined in 4 CSR 233-2.010(7)(A)–(F). The applicant may submit course descriptions from course catalogs, syllabi, bulletins or through written documentation from an appropriate school official stating that the course was an in-depth study of a particular core area.
- (10) Undergraduate level course work is in compliance with core requirements as defined in this rule if the applicant's official transcript clearly shows that the course was awarded graduate credit by the school.
- (11) Courses provided by a post-degree institute accredited by an accrediting body which has been approved by the United States Department of Education may be acceptable as meeting core course requirements defined in 4 CSR 233-2.010(7)(A)–(F). It shall be the applicant's responsibility to document that the course work is in compliance with the core course requirements defined in this rule. The applicant may submit course descriptions from course catalogs, syllabi, bulletins or through written documentation from an appropriate official stating that the course

was an in-depth study of a particular core area.

- (12) The applicant has the burden of demonstrating that the academic course work and training constituted a program of study in marriage and family therapy or a mental health discipline. A final determination of whether the program of study which formed the basis of the applicant's degree was marriage and family therapy or a mental health discipline shall be within the discretion of the state committee.
- (13) The state committee shall review an applicant's educational credentials upon request from an applicant and upon receipt of official educational transcripts received directly from the university or post-degree institute accredited by an accrediting body which has been approved by the United States Department of Education and upon payment of the fee as defined in 4 CSR 233-1.040(1)(H). All information shall be submitted to the state committee no later than thirty (30) days prior to a regularly scheduled state committee meeting to be reviewed at that meeting.
- (14) The state committee shall review an applicant's proposed plan for obtaining an appropriate educational degree and/or course work upon receiving a request from an individual, receipt of the photocopies of official school documents, such as course syllabi or catalog descriptions of course work and degree programs, and upon payment of the fee as defined in 4 CSR 233-1.040(1)(H). All information shall be submitted to the state committee no later than thirty (30) days prior to a regularly scheduled state committee meeting to be reviewed at that meeting.

AUTHORITY: section 337.727.1(5), (6) and (10), RSMo Supp. 1997.\* Original rule filed Dec. 31, 1997, effective July 30, 1998.

\*Original authority 1995.

## 4 CSR 233-2.020 Supervised Marital and Family Work Experience

PURPOSE: This rule defines the requirements for obtaining supervised experience in marital and family therapy for licensure as a marital and family therapist.

(1) The phrase supervised clinical experience as used in section 337.715.1(2), RSMo Cum. Supp. 1997 shall mean post-degree training in the practice of marital and family therapy as defined in section 337.700(7), RSMo

- Cum. Supp. 1997 beginning after the satisfactory completion of the educational requirements set forth in 4 CSR 233-2.010 and obtained under the supervision of an acceptable supervisor as defined in 4 CSR 233-2.021.
- (2) Supervision shall be registered on a form provided by the division and accompanied by the required fee pursuant to 4 CSR 233-1.040(1)(B). Supervised experience in marital and family therapy shall be considered effective the date the application is received in the state committee office and contingent upon the state committee's approval.
- (A) A supervised-marital and family therapist (S-MFT) shall notify the division within fifteen (15) days of changing supervisors or settings by filing a change of supervision form and paying the fee as defined in 4 CSR 233-1.040(1)(J).
- (3) An application for supervised marital and family therapy experience or a change in the supervisory experience shall be reviewed and approved by the state committee and the applicant shall be informed, in writing, of the state committee's decision.
- (4) Applicants for supervised experience in marital and family therapy whose graduate training began prior to January 1, 1981, shall complete all educational requirements as defined in 4 CSR 233-2.010(3).
- (A) For the purpose of this rule, if an applicant for supervision is deficient in three (3) semester hours or five (5) quarter hours in the area of human development and family studies, supervised experience in marital and family therapy may be approved by the state committee and begin prior to the completion of the required course work.
- (5) Applicants for supervised experience in marital and family therapy whose graduate training began after January 1, 1981, and before August 31, 2000, shall complete all educational requirements as defined in 4 CSR 233-2.010(4).
- (A) For the purpose of this rule, if an applicant for supervision is deficient three (3) semester hours or five (5) quarter hours in the area of human development and family studies; and/or
- (B) If the applicant for supervised experience in marital and family therapy is deficient three (3) semester hours or five (5) quarter hours in the area of research methodology, supervised experience in marital and family therapy may be approved by the state committee and may begin prior to the completion of the required course work.

- (6) Applicants for supervised experience in marital and family therapy whose graduate training began after August 31, 2000, shall complete all education requirements as defined in 4 CSR 233-2.010(5).
- (A) For the purpose of this rule, if an applicant for supervision is deficient three (3) semester hours or five (5) quarter hours in the area of human development and family studies; and/or
- (B) If the applicant for supervision is deficient three (3) semester hours or five (5) quarter hours in the area of research methodology; and/or
- (C) If the applicant for supervision is deficient three (3) semester hours or five (5) quarter hours of practicum, supervision may be approved by the state committee and may begin prior to the completion of all required course work.
- (7) A supervisor shall not be a relative of the applicant. For the purpose of this rule a relative shall be defined as a parent, spouse, child, sibling of the whole or half blood, grandparent, grandchild, aunt, uncle or cousin of the applicant, or one who is or has been related by marriage.
- (8) The characteristics of acceptable supervision shall include:
- (A) At least three thousand (3,000) hours of supervised experience in marital and family therapy obtained in no fewer than twenty-four (24) and no more than sixty (60) calendar months; and
- (B) At least fifteen hundred (1,500) hours of the three thousand (3,000) hours of supervised experience in marital and family therapy shall be direct client contact.
- 1. For the purpose of these rules, direct client contact shall be defined as face-to-face interaction between the client and therapist in the same room; and
- (C) A minimum of two (2) hours every two (2) weeks of individual face-to-face supervision with the registered supervisor.
- 1. At least half of the supervision shall be individual face-to-face supervision which may consist of no more than two (2) S-MFTs meeting with the registered supervisor.
- 2. The remaining supervision may be group supervision. For the purpose of this rule, group supervision may consist of at least three (3) and no more than six (6) S-MFTs.
- The use of electronic communication is not acceptable for meeting supervision requirements of this rule unless the commu-

- nication is verbally and visually interactive between the supervisor and S-MFT; and
- (D) The services provided by an S-MFT shall be performed under the registered supervisor's full order, control, oversight and guidance. The S-MFT shall remain under the supervision until licensed as a marital and family therapist.
- 1. An S-MFT shall not engage in independent, private practice and shall not offer therapy from any office that is not affiliated with a mental health group, practice, mental health agency, mental health clinic, school or hospital.
- An S-MFT shall not engage in marketing or advertising services without including the name and license number of the registered supervisor.
- 3. An S-MFT shall not bill clients for therapeutic services. Billing and remuneration for marital and family therapy provided by the S-MFT shall be facilitated by the organization employing or affiliated with the S-MFT or the registered supervisor.
- 4. A therapist shall use one (1) of the following terms while under supervision for licensure: S-MFT, or supervised marital and family therapist.
- 5. The registered supervisor shall read and cosign all written reports, to include their license number, including treatment plans and progress notes prepared by the S-MFT. If the setting prohibits the cosign/signing of reports, it shall be the responsibility of the S-MFT to document that written reports, to include treatment plans and progress notes, have been reviewed by the registered supervisor.
- (9) The supervisor and applicant shall be employed by or affiliated by contract with the same professional setting and the professional setting shall not include private practice in which the S-MFT operates, manages or has an ownership interest in the private practice.
- (10) During the period of supervised experience in marital and family therapy, the S-MFT shall inform the client that the S-MFT is under supervision for licensure, along with the name and address and license number of the registered supervisor.
- (11) Within two (2) months of completing supervision as defined in this rule, the S-MFT shall submit an application for licensure. Any S-MFT who does not apply for licensure within that period of time shall be prohibited from providing services pursuant to section 337.700(7), RSMo Cum. Supp. 1997.

(12) For individuals applying for supervised experience in marital and family therapy on the basis of a doctoral or specialist's degree, supervised experience in marital and family therapy shall involve a minimum of fifteen hundred (1,500) hours in no less that one (1) year and no more than two (2) years.

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- (A) At least seven hundred fifty (750) hours of supervised experience in marital and family therapy shall be direct client contact in which the applicant for supervision shall engage in the practice of marital and family therapy as defined in section 337.700(7), RSMo Cum. Supp. 1997; and
- (B) Supervision shall be in compliance with 4 CSR 233-2.020(8)(C)1.-3., (8)(D)1.-5. and 9.-11.
- (13) Applicants with supervised experience in marital and family therapy completed before August 28, 1995, may submit supervised experience in marital and family therapy for review and approval on a form pursuant to 4 CSR 233-2.020. Verification of supervision shall include an attestation form signed by the supervisor.
- (A) If a supervisor is deceased or cannot be located by the applicant, the applicant shall provide documentation verifying supervised hours and time providing marital and family therapy.

AUTHORITY: section 337.727.1(4), (6) and (10), RSMo Supp. 1997.\* Original rule filed Dec. 31, 1997, effective July 30, 1998.

\*Original authority 1995.





STATE COMMITTEE OF MARITAL AND FAMILY THERAPISTS

MUST BE TYPED

FOR OFFICIAL USE ONLY DATE FORWARDED DATE RECEIVED

REGISTRATION OF SUPERVISION

INSTRUCTIONS

- 1. THIS APPLICATION MUST BE TYPED AND ALL SECTIONS MUST BE COMPLETED. ADDITIONAL INFORMATION MAY BE INCLUDED BY ATTACHING A SEPARATE SHEET.
- 2. OFFICIAL GRADUATE TRANSCRIPT MUST BE FORWARDED BY COLLEGE OR UNIVERSITY.
- 3. FEE: PLEASE INCLUDE CASHIER'S CHECK, MONEY ORDER, OR PERSONAL CHECK.
- 4. COMPLETED REGISTRATION FORMS SHOULD BE MAILED TO THE FOLLOWING CENTRAL OFFICE ADDRESS: STATE COMMITTEE OF MARITAL AND FAMILY THERAPISTS TELEPHONE: (573) 751-0870

3605 MISSOURI BOULEVARD POST OFFICE BOX 1335

\$100

FAX: (573) 526-3489 TDD: 800-735-2966

JEFFERSON CITY MO 65102 I. APPLICANT DATA E-MAIL ADDRESS 1. NAME (LAST, FIRST, MIDDLE, MAIDEN) 2. OTHER NAME(S) YOU HAVE USED 5. SOCIAL SECURITY NUMBER \* 3. TELEPHONE HOME TELEPHONE WORK 4. DATE OF BIRTH 6. MAILING ADDRESS (ACTUAL RESIDENTIAL ADDRESS, STREET, BOX NUMBER, CITY, STATE, ZIP CODE) II. EDUCATIONAL EXPERIENCE YES NO 7. Have you completed a graduate degree with a major in Marital and Family Therapy, or its equivalent, in a mental health discipline, from a college or university accredited by a regional accrediting commission recognized by the U.S. Department of Education? OFFICIAL TRANSCRIPTS FOR ALL GRADUATE WORK DIRECTLY PERTAINING TO LICENSURE REQUIRED DATES ATTENDED CONFERRED 8. GRADUATE DEGREE FROM DEGREE YB MO MON YR MON 9. LIST CORE COURSES TAKEN FOR GRADUATE CREDIT. (Official copies of all graduate degree transcripts must be sent to central office by the university/coilege.) SEE EDUCATIONAL REQUIREMENTS REFERENCE SHEET ATTACHED. THIS SECTION MUST BE COMPLETED araa Sii K A. THEORETICAL FOUNDATIONS OF MARRIAGE AND FAMILY THERAPY CREDIT DATE TITLE OF COURSE COLLEGE/UNIVERSITY HOURS TAKEN NO. B. PRACTICE OF MARRIAGE AND FAMILY THERAPY DATE CREDIT COURSE TITLE OF COURSE COLLEGE/UNIVERSITY HOURS TAKEN NO.

\* VOLUNTARY ONLY. Will be used to identify you in record keeping, information exchanges and to verify information given in this application.

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## 4 CSR 233-2.021 Registered Supervisors and Supervisory Responsibilities

PURPOSE: This rule outlines the requirements for individuals to supervise a marital and family therapist seeking supervision for licensure.

- (1) In order to provide supervision for a supervised-marital and family therapist (S-MFT), a registered supervisor shall document the following:
- (A) A graduate degree in a mental health discipline from a regionally accredited institution acceptable to the United States Department of Education; and
- (B) Five (5) years clinical experience in providing marital and family therapy as defined in section 337.700(7), RSMo Cum. Supp. 1997; and
- (C) Currently licensed as a marital and family therapist, professional counselor, psychologist, clinical social worker, or psychiatrist.
- (2) A registered supervisor completing a graduate degree before January 1, 1990, shall comply with 4 CSR 233-2.021(1)(A)–(C) and shall document training and experience in marital and family therapy and in supervisory activities involving marital and family therapy with a resume or vitae detailing course work, workshops, supervision-of-supervision and supervisory experience in marital and family therapy supervision.
- (3) A registered supervisor completing a graduate degree after January 1, 1990, shall comply with 4 CSR 233-2.021(1)(A)–(C) and shall document the following:
- (A) A three (3)-semester hour or five (5)quarter hour graduate course in marriage and family therapy supervision or a comparably organized and integrated series of workshops and supervised studies of marital and family therapy supervision; and
- (B) Documentation of at least thirty (30) hours of supervision-of-supervision and/or in the process of receiving supervision-of-supervision; and
- (C) The supervisor of an S-MFT shall have completed 4 CSR 233-2.021(3)(A) prior to completing thirty (30) hours of supervision-of-supervision; and
- (D) The supervisor of an S-MFT shall have completed the educational requirements defined in 4 CSR 233-2.010(3) or (4).
- (4) An individual with a state-issued professional license which has been subject to probation, suspension or revocation may be

prohibited from providing supervision for an S-MFT.

(5) The supervisor and/or applicant for supervision shall have the burden of demonstrating that the supervisor has the required education and experience outlined within this rule.

AUTHORITY: section 337.727.1(4), (6) and (10), RSMo Supp. 1997.\* Original rule filed Dec. 31, 1997, effective July 30, 1998.

\*Original authority 1995.



STATE COMMITTEE OF MARITAL AND FAMILY THERAPISTS

#### MARITAL AND FAMILY THERAPIST SUPERVISOR REQUIREMENTS

The information below outlines the requirements for individuals to supervise a marital and family therapist seeking supervision for licensure according to 4 CSR 233-2.021.

In order to provide supervision for a S-MFT, a registered supervisor shall document the following educational requirements:

A graduate degree in a mental health discipline from a regionally accredited institution acceptable to the United States Department of Elementary and Secondary Education; and

Five years clinical experience in providing marital and family therapy as defined in section 337.700 (7) RSMo (Supp.1995); and

Currently licensed as a marital and family therapist, professional counselor, psychologist, clinical social worker, or psychiatrist.

In addition, the following requirements must be met and documented:

#### **COMPLETED GRADUATE DEGREE: BEFORE JANUARY 1, 1990**

Shall document training and experience in marital and family therapy and in supervisory activities involving marital and family therapy with a resume or vitae detailing course work, work shops, supervision-of-supervision and supervisory experience in marital and family therapy supervision.

#### **COMPLETED GRADUATE DEGREE: AFTER JANUARY 1, 1990**

3 semester hours or 5 quarter hours of graduate course work on marital & family therapy or workshops & supervised studies in marital and family supervision.

30 hours of supervision - of - supervision or currently receiving supervision - of - supervision

Completed course work prior to beginning supervision of supervision

Completed graduate degree in marital & family therapy or equivalent area

MO 419-2223 (1-97)