

# Department of Mental Health

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Although its functions date back to 1847, the Missouri Department of Mental Health was first established as a cabinet-level state agency by the Omnibus State Government Reorganization Act on July 1, 1974. The department serves as the state's Mental Health Authority, establishing philosophy, policy and standards of care.

State law provides three principal missions for the department: (1) the prevention of mental disorders, developmental disabilities and substance abuse; (2) the treatment, habilitation and rehabilitation of Missourians with those conditions; and (3) the improvement of public understanding and attitudes about mental disorders, developmental disabilities and substance abuse.

The vision of the Department of Mental Health is one of "Lives Beyond Limitations"— Missourians shall be free to live their lives and pursue their dreams beyond the limitations of mental illness, developmental disabilities, alcohol and other drug abuse.

Missourians must know that mental illness is a treatable disease, that persons with substance abuse problems can triumph over their addictions, and that persons with developmental disabilities can be productive citizens and good neighbors in their communities.

# Mental Health Commission

The commission, composed of seven members, appoints the director of the Department of Mental Health with confirmation of the Senate. Commissioners are appointed to four-year terms by the governor, again with the confirmation of the Senate. The commissioners serve as policy advisers to the department director.

The commission, by law, must include an advocate of community mental health centers, a physician who is an expert in the treatment of mental illness, a physician concerned with developmental disabilities, a member with busi-



KEITH SCHAFER, Ed.D Department Director



LYNN CARTER, MSW, LCSW Department Deputy Director



BOB BAX Legislative Assistant/ Director of Public Affairs



CATHY WELCH Admin. Asst. to the Director



MONICA HOY Assistant to the Director



PAM LEYHE Medicaid Liaison



JOSEPH PARKS, M.D. Medical Director

#### EXECUTIVE DEPARTMENTS — DEPARTMENT OF MENTAL HEALTH 539



RON DITTEMORE, Ed.D. Chair Mental Health Commission



BETH VIVIANO Secretary Mental Health Commission



JOHN CONSTANTINO, M.D. Member Mental Health Commission



PHILLIP McCLENDON Member Mental Health Commission



PATRICIA J. BOLSTER, M.D. Member Mental Health Commission

ness expertise, an advocate of substance abuse treatment, a citizen who represents the interests of consumers of psychiatric services and a citizen who represents the interests of consumers of developmental disabilities services.

#### Mental Health Commission\*

Dittemore, Ron, Ph.D., chair, St. Joseph; Viviano, Beth, secretary, St. Louis; Bolster, Patricia, M.D., St. Louis; Carter, Kathy, Four Seasons Constantino, John, M.D., St. Louis; McClendon, Phillip, Joplin; Vacancy (1).

\*\$100 per diem.

#### Office of the Director

With advice from the Mental Health Commission, the director is responsible for overall operations of the department, its three operating divisions, support offices, 28 facilities and central office. The director's duties include planning, supervising and evaluating the provision of services for Missourians with mental disorders, developmental disabilities and substance abuse.

Each year, the department provides services to



KATHY CARTER Member Mental Health Commission

more than 170,000 Missourians through the Division of Comprehensive Psychiatric Services, the Division of Mental Retardation and Developmental Disabilities, the Division of Alcohol and Drug Abuse, or through its contracted provider network.

#### **Deputy Director**

The office of the deputy director provides the leadership and direction for a variety of department-wide and statewide functions that support program operations and services to DMH consumers. The deputy director supervises staff and work units responsible for department–wide quality improvement activities, legal services, human resource operations and workforce development, administration of Medicaid funded programming and federal housing programs, and investigations of consumer abuse and neglect.

The deputy director's office oversees the department's services for the deaf and hard of hearing, and internal and external audit services related to compliance, financial and performance management reviews. The deputy directs the Office of Prevention, the Office of Disaster Readiness and the Office of Consumer Safety, which ensures that client rights are not violated.

In 2006, the Missouri Mental Health Commission and the Missouri Mental Health Task Force, lead by Lt. Governor Peter D. Kinder, developed recommendations to ensure the safety and well being of those being served by the department in facilities as well as the community. The deputy is responsible for the oversight and implementation of these recommendations, making consumer safety a major focus area for the office.

# Medical Director

The medical director serves as the department's senior clinical leader by providing advice and counsel to the department director regarding a broad range of clinical, clinical policy, programmatic and strategic issues. The medical director provides leadership and mentoring to the department's clinical staff and establishes and promotes professional, clinical and ethical values and standards to which all clinical staff are expected to adhere. The medical director also promotes quality of care and is responsible for establishing and maintaining the department's standards of care on both clinical and programmatic levels.

# **General Counsel**

The Office of the General Counsel is responsible for a variety of department-wide and statewide functions in support of the department services, division offices and other support offices: providing legal advice and litigation support; technical assistance with rules and policy development, consumer rights monitoring, compliance with HIPAA (Health Insurance Portability and Accountability Act) privacy administration and coordination, and providing appeals and hearings for administrative due process.

### Administration

The Office of Administration, headed by the department's deputy director for administration, provides a range of administrative and financial services to help the department achieve effective results. Services provided by the Office of Administration can be divided into the following areas: 1) budget services develops and monitors the annual operating budget, provides expenditure oversight, and analyzes and compiles financial reports; 2) the accounting section accounts for all funds, manages expenditures, and produces fiscal summaries, analyses and reports; 3) general services is responsible for the mailroom operation, oversees the fleet management system, coordinates building leases and organizes building maintenance and services; 4) the contracts and procurement section secures more that 3,000 contracts with private agencies or individ-



MARY STEWART TANSEY General Counsel





PATTY HENRY Deputy Director, Administration



LEIGH GIBSON Director, Office of Consumer Safety

JOHN HESKETT, Ed.D. Director, Office of Comprehensive Child Mental Health

uals to provide services in the community; 5) the reimbursements section collects payments from private insurance, Medicaid and Medicare and private pay for department services, and coordinates revenue maximization proposals.

#### Transformation

Effective October 2006, Missouri became one of nine states awarded a five year Mental Health Transformation Grant by the Substance Abuse Mental Health Services Administration. Mental Health Transformation is about moving the system from one driven by disability to one based on public health principles and recognizing that mental health is essential to overall health. The primary focus the first year is development of a Comprehensive State Mental Health Plan by the Transformation Working Group (TWG). The TWG was established by the governor, based upon the efforts of the president's New Freedom Commission, which identified weaknesses at the state and federal levels in mental health care. Grant funding will be used to support infrastructure required for transformation such as planning, workforce development, evidence-based practice implementation and technology enhancements. Additional information on the transformation initiative may be accessed through a web link at www.dmh.mo. gov/transformation/transformation.htm.

### Mental Health Transformation Work Group Members

- McFarland, Diane, chair, DMH Office of the Director;
- Stefanick, Jodi, Sr. Healthcare Policy Advisor, Office of the Governor;
- \*Open-Pending, Consumer Leader;
- Viviano, Beth, Family Leader;
- Qualls, Robert, State Advisory Council Chair, DMH Division of CPS;
- Stringer, Mark, Director, DMH Division of ADA;
- Neese, Paula, Director, Children's Division, Department of Social Services;
- Levels, Sandra, Director of Program Management, DSS Division of Medical Services;
- Sims, Betty, Division of Senior & Disability Services, Department of Health and Senior Services;
- Rempe, Sandy, Public Safety Manager, Department of Public Safety;
- \*Open-Pending, Assistant Commissioner, DESE Division of Vocational Rehab;
- Goon, Benton, co-chair, DMH Office of the Director;
- Morrison, Anita, Consumer Leader;
- Heskett, John, Ed.D, Director, DMH Office of Comprehensive Child Mental Health;
- Keele, Cindi, Family Leader;
- Parks, Joseph, M.D., Director, DMH Division of Comprehensive Psychiatric Services;
- Simons, Bernard, Director, DMH Division of Mental Retardation and Developmental Disabilities;
- Decker, Tim, Director, Division of Youth Services, Department of Social Services;
- Nickelson, Paula, Prevention Service Coordinator, Department of Health and Senior Services:
- Atwell, Mariann, Chief of Mental Health Services, Department of Corrections;
- Lyndaker, Gary, ITSD-IT director for DMH, Office of Administration;
- Atkins, Heidi, Assistant Commissioner, DESE Division of Special Education;
- \*Open-Pending, Office of state Court Administrators.
- \*Open-Pending, Missouri Housing Commission.

#### Division of Alcohol and Drug Abuse

The Division of Alcohol and Drug Abuse was established within the Department of Mental Health in 1975 and became a statutory entity in 1980 with the passage of the Omnibus Mental Health Act.

The division is responsible for assuring that treatment and prevention services are accessible and affordable for persons with substance abuse,



MARK STRINGER Director, Division of Alcohol & Drug Abuse

addiction or compulsive gambling problems, and those at risk for such disorders.

Over 485,000 Missouri residents-437,000 adults and 48,000 adolescents-need treatment due to their substance abuse or dependency, and thousands more need intervention services. Substance abuse costs the state's economy over \$6.56 billion per year—an average of

\$14,620 in losses caused by each untreated substance abuser. These costs are associated with deaths and injuries, crime, traffic crashes, workplace accidents, medical care, property destruction, insurance premiums, lost productivity, and other costs that are a burden on all Missourians.

Recent studies show that two-thirds of the clients receiving services in the division's treatment programs remain alcohol-free and drugfree one year after entering treatment, and many others reduce their abuse of these substances. At least seven dollars in societal costs are saved in Missouri for each dollar invested in treatment services.

The division meets its responsibilities for comprehensive treatment, prevention, intervention and compulsive gambling services by contracting with community-based providers. The division's administrative responsibilities include procurement and management of federal grants and state funds, contracts monitoring, program management, development and enforcement of standards of care, clinical utilization review, federal reporting, data management, research, training, technical assistance and public information.

Services are provided through the Comprehensive Substance Treatment and Rehabilitation (CSTAR) program, the Substance Abuse Traffic Offender Program (SATOP), Primary Recovery programs, other clinical programs and a comprehensive substance abuse prevention system.

# State Advisory Council on Alcohol and Drug Abuse

The State Advisory Council on Alcohol and Drug Abuse was established by state statute in 1980. Members are appointed by the director of the Department of Mental Health. The council is comprised of 25 members who collaborate with the department on developing and administering a state plan on alcohol and drug abuse; promote meetings and programs for discussing the reduction of the debilitating effects of alcohol or drug

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abuse; study and review current prevention, evaluation, care and rehabilitation technologies and recommend appropriate preparation, training and distribution of manpower and resources in the provision of services to persons affected by alcohol or drug abuse; and recommend specific methods, means and procedures to be adopted to improve and upgrade the alcohol and drug abuse service delivery system for citizens of Missouri. In addition to the State Advisory Council, Regional Advisory Councils have been established in each of the division's five regions. Members of Regional Advisory Councils are appointed by the director of the Division of Alcohol and Drug Abuse. Through public education and advocacy efforts, consumers and vendors of alcohol and drug abuse prevention, treatment and recovery services have become integral parts of defining priorities for the department and division on issues surrounding prevention, disparities, service array, recovery and housing. The council works with other advocacy groups at the local level to educate communities and individuals, disseminate information and support the development of accessible alcohol and drug abuse services and supports for individuals and families.

#### Members:

Hammond, Robin, chair, St. Joseph; Clark, Daniel, vice chair, Joplin; Braiuca, Stacy, Kansas City; Bruening, Benjamin T., Jefferson City; Dean, Michael K., Jefferson City; Doherty, Stephen, St. Louis; Dude, Kim, Columbia; Ehlers, Rebecca (Becky), Boonville; Gardine, Cheryl, Maryland Heights; Gibson, Marilyn, Springfield; Harper, John, Jefferson City; Harris, Diana, St. Louis; Hentges, Sandra, Jefferson City; Johnson, Clifton Lee, Farmington; Megerman, Charles, Kansas City: Persky, Sylvia, Springfield; Robinson, Crystal, Poplar Bluff; Scott, Linda, Rolla; Spare, Keith, Kansas City; Walker-Thoth, Daphne, St. Louis; Ward, Eleanor, Chula.

# Division of Comprehensive Psychiatric Services

The Division of Comprehensive Psychiatric Services provides inpatient and residential services for children and adults at 11 state-operated facilities. These include four long-term care facilities, three acute care hospitals, one facility with both acute and long-term services, one sexual offender treatment center, one children's psychi-





JOSEPH PARKS, M.D. Director, Division of Comprehensive Psychiatric Services

FELIX T. VINCENZ, Ph.D. Chief Operating Officer, Division of Comprehensive Psychiatric Services

atric hospital and one children's residential treatment center. These facilities are divided into four regions across the state-central, eastern, southern and western. Each region is directed by a chief executive officer who works directly with their respective facility chief operations officer for oversight at each facility.

In addition, the division contracts with notfor-profit community mental health centers to provide services for persons with mental illness in each of 25 geographic service areas. The agency responsible for service provision in each service area is designated as the division's administrative agent. The administrative agents are responsible for assessment and service delivery to eligible individuals in their geographic service area. This includes responsibility to provide follow-up services to persons who have been discharged from state-operated inpatient services. Children and their families are also served by administrative agents.

Supported community living programs are provided to individuals with mental illness who require financial subsidies to support their housing needs or need more structured services to live in the community. Living arrangements in this program range from nursing homes to apartments and other settings that are integrated into the community.

Persons in these programs are provided support through case management and community psychiatric rehabilitation program services provided by administrative agents. During fiscal year 2006, the division provided:

Inpatient services to 6,965 adults and 655 children;

• Outpatient and community support (includes residential) to 55,244 adults and 16,681 children; and

• Supported community living services to 5,488 adults and 301 children.

# State Advisory Council for Comprehensive Psychiatric Services

The State Advisory Council for Comprehensive Psychiatric Services was first established in 1977 by the governor's executive order. Members are appointed by the director of the Division of Comprehensive Psychiatric Services. The council is comprised of 25 members who advise and make recommendations on the development and coordination of a statewide interagency/interdepartmental system of care for children/youth with serious emotional disorders and persons with mental illness and their families. Council members are primary consumers, family members, service providers and state agency representatives. The council by-laws state the council will 1) Advise the division in the development of models of services, long range planning and budgeting priorities; 2) Identify statewide needs, gaps in services, and movement toward filling gaps; 3) Provide education and information about mental health issues; and 4) Monitor, evaluate and review the allocation and adequacy of mental health services within the state.

The state of Missouri is committed to ensuring the voice and perspective of mental health consumers and their families inform the provision of mental health services throughout the state. The council has played an active role in developing and fulfilling this commitment. Examples of council activities include planning Mental Health Awareness Day, participation at the Department of Mental Health's Annual Spring Training Institute, Anti-Stigma Public Education Campaign, Mental Health Transformation activities, and Procovery.

#### Members:

Qualls, Robert, chair, Springfield; Minth, Helen, vice chair, St. Louis; Atwell, Dr. Mariann, Jefferson City; Brandon, Ruth, Columbia; Bussabarger, Mary Lou, Columbia; Clarke, Linda, St. Peters; Hagar-Mace, Liz, Jefferson City; Harper, John, Jefferson City; Henning, AI, Kansas City; Johnson, Kim, Jefferson City; Jones, Karren, Jefferson City; Lay, Donna, West Plains; Meinershagen, Bobbie, Leadwood; Osley, Julie, Jefferson City; O'Toole, Mark, Rocky Mount; Pijut, Susan, Arnold; Stanton, Sarah, Kansas City; Stephens, Erica, Jefferson City; Taggart, Suzanne, Jefferson City; Wesson, Ethel, Kansas City.



MARTY MARTIN, ACSW, LCSW Chief Operating Officer Fulton State Hospital



JUDY FISHER, D.O. Clinical Director Fulton State Hospital



RONALD LACEY, M.D. Medical Director Fulton State Hospital

#### Fulton State Hospital

600 E. Fifth St., Fulton 65251 Telephone: (573) 592-4100 FAX: (573) 592-3000 / TT: (573) 592-3498 www.dmh.mo.gov/fulton / E-mail: fsh@dmh.mo.gov

Fulton State Hospital, authorized in 1847 and opened in 1851, is the oldest public mental health facility west of the Mississippi River. The hospital is certified by the Centers for Medicare and Medicaid Services (CMS), and has been accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) since 1984.

The 464-bed hospital provides inpatient adult psychiatric services, including treatment and psychosocial rehabilitation for forensic patients and other patients requiring long-term inpatient care. The term "forensic" is used to describe individuals who are charged with a crime and have been committed to the Department of Mental Health by a circuit court for either a pre-trial or pre-sentence evaluation, or for restoration of competence to stand trial, or as a result of an adjudication of Not Guilty by Reason of Mental Disease or Defect (NGRI). Specifically, the hospital serves: (a) forensic and longterm care patients from a 31-county area in the state's Central Region totaling some 753,355 cit-

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izens; (b) patients from the entire state of Missouri who require hospitalization in maximum and intermediate security settings; and (c) forensic patients from a 21-county area in southwest Missouri totaling another 606,470 citizens.

The 88-bed Hearnes Psychiatric Center provides long-term inpatient care for the Central Region and minimum and campus security services for forensic patients from both the Central Region and southwest corner of the state. It includes the hospital's 21-bed ward that is certified by CMS.

Fulton has Missouri's only maximum and intermediate security units. The 201-bed Biggs Forensic Center provides treatment for individuals who have committed major offenses or those whose behavior in other settings demonstrates a need for a maximum security setting. Included is a program run in cooperation with the Department of Corrections (DOC) to provide acute mental health services for inmates from DOC and for jail detainees across the state whose charges or behavior require maximum security. The 175-bed Guhleman Forensic Center offers an intermediate security environment for former Biggs patients to progress toward increased liberty and responsibility. In addition, it provides a security setting for individuals whose charges or behavior do not require maximum security, but are nonetheless in need of a higher level of security than is available in other inpatient settings.

The hospital has a training affiliation with the University of Missouri's Department of Psychiatry. In addition, it provides training experience to students from various clinical disciplines, including nursing, social work, and occupational therapy, and an internship and fellowship program in psychology.

#### Mid-Missouri Mental Health Center

3 Hospital Dr., Columbia 65201; Telephone: (573) 884-1300 FAX: (573) 884-1010 / TT: (573) 884-1012 www.dmh.mo.gov/mid\_mo

Mid-Missouri Mental Health Center is an acute care, inpatient psychiatric facility located on the campus of the University of Missouri in Columbia. Completed in 1967, the center was the first comprehensive mental health center to be federally funded under the Community Mental Health Reform Act of 1963. The center is accredited by the Joint Commission on Accreditation of Health Care Organizations and is certified for federal reimbursement under the Medicaid and Medicare programs.

Mid-Missouri Mental Health Center serves children ages six to 17 from a 31-county area located in the central, south central, north cen-



MARLA SMITH Chief Operating Officer, Mid-Missouri Mental Health Center



DENISE NORBURY Chief Operating Officer Southwest Missouri Psychiatric Rehabilitation Center



JHANSIRANDI VASIREDDY, M.D. Medical Director Southwest Missouri Psychiatric Rehabilitation Center

tral and northeast sections of the state and adults from an 18-county area in central and north central sections of the state. Psychiatric services provided by the center include acute inpatient care for children, adolescents and adults and day treatment services for adolescents and children. The center's 69 inpatient beds are divided among four multi-disciplinary units; one 10-bed child and adolescent unit, and three adult psychiatric units.

Through its affiliation with the University of Missouri–Columbia and other colleges and universities, Mid-Missouri Mental Health Center provides training for students in psychiatry, psychology, psychiatric social work, nursing and recreational and occupational therapies.

# Southwest Missouri Psychiatric Rehabilitation Center

1301 Industrial Parkway E., El Dorado Springs 64744; Telephone: (417) 876-1000 FAX: (417) 876-1004 / TT: (417) 876-2604 www.dmh.missouri.gov/swmmhc

In December 1997, Southwest Missouri Psy-

chiatric Rehabilitation Center (SWMPRC), formerly Southwest Missouri Mental Health Center, moved into a new facility in El Dorado Springs from its previous location in Nevada, Mo. The 24- bed, adult psychiatric treatment facility provides both acute and long-term care for Service Area 8 and long-term care for Service Area 9 and 10. These Service Areas are located in the CPS Southwest Region, consisting of 21 counties in Southwest Missouri.

The Administrative Agents are the entry and exit points for all DMH funded psychiatric services in the southwest region. However, four beds designated for acute care are subject to EMTALA requirements. Each Administrative Agent manages admissions to assigned beds at Southwest Missouri Psychiatric Rehabilitation Center based upon percentage of population. The facility accepts those persons in need of treatment for serious psychiatric illnesses and disorders. The staff at the facility provides intensive psychosocial rehabilitation treatment, designed to facilitate person centered recovery and community integration. Administrative Agent staff are involved with the treatment process and discharge planning by attending a monthly Clinical Review meeting at the facility.

Following discharge, community-based care and treatment is provided by staff of the Administrative Agents through the POS Program, the decentralized community placement program, and the Medicaid-funded targeted case management and CPRC programs. Treatment services are monitored by the staff of the Southwest Regional Supported Community Living Program, located in Nevada, Mo.

### Hawthorn Children's Psychiatric Hospital

1901 Pennsylvania Ave., St. Louis 63133 Telephone: (314) 512-7800 / FAX: (314) 512-7812 www.dmh.mo.gov/hcph/

Hawthorn Children's Psychiatric Hospital provides inpatient psychiatric services for severely emotionally disturbed children and adolescents, ages 6 to 17. The hospital serves the 31 counties of eastern and southeastern Missouri.

Hawthorn has been a free-standing child psychiatric facility in St. Louis County since 1989. The hospital is accredited by the Joint Commission on Accreditation of Health Care Organizations and certified for federal Medicaid reimbursement.

The 26-acre campus consists of a main building and five cottages that can house 60 psychiatric treatment beds. Hawthorn currently maintains 28 inpatient and 24 residential treatment



MARCIA PERRY Chief Operating Officer Hawthorn Children's Psychiatric Hospital



SYED TAHIR RIZVI, M.D. Medical Director Hawthorn Children's Psychiatric Hospital



LAURENT JAVOIS Chief Executive Officer Eastern Region Hospital Systems

beds. The hospital also operates a cooperative day treatment program providing psycho-educational services for 16 students in conjunction with the Special School District of St. Louis County.

Youth are assessed and provided comprehensive services addressing their psychiatric, psychological, social, educational, vocational and recreational needs. Diagnostic and treatment services are available for the juvenile courts.

Hawthorn has a training affiliation with the Psychiatry Department of the Washington University School of Medicine. The hospital also provides clinical experience to various student training programs, including the disciplines of social work, dietary, nursing and psychology.

# Metropolitan St. Louis Psychiatric Center

5351 Delmar Blvd., St. Louis 63112 Telephone: (314) 877-0500 / FAX: (314) 877-0553 TT: (314) 877-0775 www.dmh.mo.gov/mpc

Metropolitan St. Louis Psychiatric Center (MPC) operates 112 beds for inpatient psychiatric care, five of which are also utilized for eval-

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TONY CUNEO Chief Operating Officer Metropolitan St. Louis Psychiatric Center



RAKHSHANDRA HASSAN, M.D Medical Director Metropolitan St. Louis Psychiatric Center

uation, medical detoxification and referral for clients with substance abuse problems.

The center operates an emergency room that provides screening, evaluation, crisis intervention, referral and admission. A clinical research program, staffed by psychiatrists from Washington University, is well established at the facility. Community education and consultation are provided by the staff of the facility as part of its effort toward the prevention of mental illness.

MPC is accredited by the Joint Commission on Accreditation of Healthcare Organizations and eligible for reimbursement under the Medicare and Medicaid programs. The center has a long and valued history as a site for professional education. In affiliation with Washington University School of Medicine, training is provided for psychiatric residents. With a consortium of other providers, MPC is nationally recognized for a clinical psychology pre-doctoral internship program. Other professions receiving training at MPC include social work, occupational therapy and nursing.

# St. Louis Psychiatric Rehabilitation Center

5300 Arsenal St., St. Louis 63139 Telephone: (314) 877-6500 / FAX: (314) 877-5982 www.dmh.mo.gov/slprc

St. Louis Psychiatric Rehabilitation Center (formerly known as St. Louis State Hospital), originally founded in 1869, is a 196-bed facility providing care, treatment and rehabilitation for adults with mental illness who reside in St. Louis City and St. Louis, Jefferson, Franklin, St. Charles, Warren and Lincoln counties.

The facility currently accepts those persons in need of forensic psychiatric services and psychiatric services for severe and persistent mental illness. The staff of the center provide a variety of intensive psychosocial rehabilitation programs that facilitate a return to independent living



CURT TRAGER Chief Operating Officer St. Louis Psychiatric Rehabilitation Center



LORI DeROSEAR, D.O. Medical Director St. Louis Psychiatric Rehabilitation Center



KAREN ADAMS Chief Executive Officer Southern Region Hospital System



MARTHA CASSEL Chief Operating Officer Cottonwood Residential Treatment Center

within the community, while preserving public safety.

The St. Louis Psychiatric Rehabilitation Center continues to maintain its accreditation from the Joint Commission on the Accreditation of Healthcare Organizations, receiving its most recent accreditation in 2003.

# Cottonwood Residential Treatment Center

1025 N. Sprigg, Cape Girardeau 63701 Telephone: (573) 290-5888 / TT: (573) 290-5293 www.dmh.mo.gov/cottonwood

Cottonwood is a 32-bed residential treatment center designed to meet the emotional and mental health needs of children and adolescents, ages six to 17.

The treatment center, which opened in 1987, provides intensive programming to children who do not require psychiatric hospitalization but who have behavioral and emotional problems related to socialization, impulse control and coping skills. The program centers on a psycho educational method to develop the skills necessary to return to family and community. The interdisciplinary approach includes individual, group and family therapy, and provides psychological, recreational, educational, social work, dietetic and nursing services.

Cottonwood Residential Treatment Center is accredited by the Joint Commission on Accreditation of Healthcare Organizations and is certified by Medicaid for reimbursement as a Psychiatric Residential Treatment Facility (PRTF). Cottonwood is located on the campus of Southeast Missouri State University in Cape Girardeau and serves as a training site for numerous university programs.

# Missouri Sexual Offender Treatment Center

1016 W. Columbia, Farmington 63640 Telephone: (573) 218-7045 / FAX: (573) 218-7053 www.dmh.mo.gov/MSOTC/

The Missouri Sexual Offender Treatment Center provides appropriate treatment, care, security and custody for those persons adjudicated as sexually violent predators. With the passage of the Sexually Violent Predator law, which was effective January 1, 1999, the Missouri General Assembly mandated that those individuals adjudicated by the court as "sexually violent predators" be committed indefinitely to the custody of the Director of Department of Mental Health for "control, care and treatment until such time that the person is safe to be at large." In order for such commitments to pass constitutional scrutiny, the department provides care and treatment that is consistent with existing professional standards and practice. The law also requires that individuals committed for treatment as sexually violent predators be kept in a secure facility and housed separately from Department of Corrections' inmates and from persons served by the Department of Mental Health who have not been found to be sexually violent predators.

The location and treatment of sexually violent predators is on the campus shared by Missouri Sexual Offender Treatment Center, Southeast Missouri Mental Health Center, and Farmington Correctional Center, in Farmington. As of Spring 2005, there were 68 individuals committed for treatment, with 38 individuals detained who are in the commitment review process. Projections suggest that 17-25 individuals will be referred to the program for detention and evaluation each year. It is anticipated that for the initial years of operation, the commitments to the center will greatly exceed court ordered releases.

In addition to the treatment and custody of sexually violent predators, the department is



ALAN BLAKE Chief Operating Officer Missouri Sexual Offender Treatment Center



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MELISSA RING, Ph.D. Chief Operating Officer Southeast Missouri Mental Health Center



JAY ENGLEHART, M.D. Medical Director Southeast Missouri Mental Health Center

required to provide staff to participate in the multidisciplinary team to assist the Prosecutor's Review Committee in determining whether an individual may meet the definition of a sexually violent predator. Further, the department is required to evaluate each individual for whom the court finds probable cause to believe the person is a sexually violent predator. Finally, the department must annually provide the committing court an annual report regarding the committed person's mental condition.

### Southeast Missouri Mental Health Center

1010 W. Columbia, Farmington 63640 Telephone: (573) 218-6792 / FAX: (573) 218-6703 www.dmh.mo.gov/southeast

Southeast Missouri Mental Health Center began in 1903 as Farmington State Hospital. In 1984, the Missouri General Assembly approved the conversion of the hospital grounds into a medium-security prison, operated by the Department of Corrections. Subsequently in 1987, the state hospital was converted into a mental health center and moved into buildings adjacent to the prison.





MARY ATTEBURY Chief Operating Officer Northwest Missouri Psychiatric Rehabilitation Center

JAMES B. REYNOLDS, M.D. Medical Director Northwest Missouri Psychiatric Rehabilitation Center

The Acute Services Program operates a psychiatric emergency room and up to 60 inpatient beds for persons needing short-term hospital care. The Long-Term/Forensic Services program operates 98 minimum/campus security beds primarily for persons referred by the criminal courts for psychiatric evaluation and/or treatment. The MI/DD Program is a residential service for 20 persons with mental illness and development disabilities. These programs are accredited by the Joint Commission on Accreditation of Healthcare Organizations.

By cooperative agreement between the Departments of Corrections and Mental Health, the Corrections Treatment Center (CTC) operates on the grounds of Farmington Correctional Center. Within the CTC unit, the mental health center staffs a small, medium-security ward for inmates with psychiatric needs and provides case management and services for a 200-bed social rehabilitation unit.

# Northwest Missouri Psychiatric Rehabilitation Center

3505 Frederick Ave., St. Joseph 64506 Telephone: (816) 387-2300 / FAX: (816) 387-2329 TT: (816) 387-2300

Northwest Missouri Psychiatric Rehabilitation Center (NMPRC) provides adult long-term services for an 18-county area in northwest Missouri with a population of 256,780. It provides forensic services for that area plus an additional seven counties. The total population of the 25county service area is 1,356,111.

The hospital opened as State Lunatic Asylum No. 2 in November 1874 on land east of St. Joseph. The capacity ranged from 250 beds to nearly 3,000 in the 1950s, and the name was changed to St. Joseph State Hospital. Over the years, downsizing occurred with the advent of better treatment options and emphasis on returning patients to the community.



DICK GREGORY, Ph.D. Chief Executive Officer, Western Missouri Mental Health Center



MARK MILLER Chief Operating Officer, Western Missouri Mental Health Center



ROB HORNSTRA JR., M.D. Medical Director, Western Missouri Mental Health Center

In 1997, St. Joseph State Hospital was replaced with the current facility and renamed Northwest Missouri Psychiatric Rehabilitation Center. NMPRC currently provides 108 beds for adult, long-term psychiatric patients age 18 and over. Three wings, Carver, Lincoln and Twain, have 20 beds each and are designated minimum security. Six cottages with eight beds each are designated as open campus security.

NMPRC is fully accredited by the Joint Commission on Accreditation of Health Care Organizations.

# Western Missouri Mental Health Center

1000 E. 24th St., Kansas City 64108 Telephone (816) 512-7000 / FAX: (816) 512-7509 TT: 800-955-8339 www.med.umkc.edu/admin/sections/hospitals/western\_mo/western\_mo.html

Western Missouri Mental Heath Center opened in 1966 after legislation authorized state operation of community mental health centers in St. Louis, Columbia and Kansas City.

The center's inpatient units for acute and intermediate care serve greater Kansas City,

including the counties of Jackson, Johnson, Cass, Lafayette, Clay, Platte and Ray. The facility, accredited by the Joint Commission on the Accreditation of Health Care Organizations, is certified for Medicaid or Medicare reimbursement.

Through affiliation with several academic institutions, including the University of Missouri–Kansas City, Western Missouri Mental Health Center provides training for students in psychiatry, clinical psychology, psychiatric social work, psychiatric nursing and activity therapy.

Western Missouri Mental Health Center moved into a new facility in January of 2004 after having occupied what was originally known as the old General Hospital No. 2 since 1966.

# Division of Mental Retardation and Developmental Disabilities

The Division of Mental Retardation and Developmental Disabilities (MRDD), established in 1974, serves persons with developmental disabilities such as mental retardation, cerebral palsy, head injuries, autism, epilepsy and certain learning disabilities. Such conditions must have occurred before age 22, with the expectation that they will continue. To be eligible for services from the division, persons with these disabilities must have substantial functional limitations in two (2) or more of the following six (6) areas of major life activities: self-care, receptive and expressive language development and use, learning, self-direction, capacity for independent living or economic self-sufficiency and mobility.

The division focus is on improving the lives of persons with developmental disabilities and their families through programs, supports and services to enable persons with developmental disabilities to live independently and productively. In 1988, the division began participation in the Medicaid home and community-based waiver program designed to help expand needed services throughout the state.

Specialized services are either provided directly or purchased through contracts by 17 entities operated by the division. The division's 11 regional centers are the primary points of entry into and exit from the system. The regional centers determine eligibility, provide service coordination and work with individuals, families and contract with SB 40 Boards, Affiliated Community Service Providers (ACSP) and private providers for the provision of a comprehensive array of services in the following areas: Albany, Central Missouri, Hannibal, Joplin, Kansas City, Kirksville, Poplar Bluff, Rolla, Sikeston, Spring-



BERNARD SIMONS Director, Division of Mental Retardation and Develpmental Disabilities

field and St. Louis. There are also six stateoperated habilitation centers- Bellefontaine Habilitation Center. Higginsville Habilitation Center, Marshall Habilitation Center. Nevada Habilitation Center, Southeast Missouri Residential Services, and St. Louis DDTC, which primarily provide residential care and habilitation services to persons who are medically and behaviorally

challenged or court committed. All habilitation centers are Title XIX certified as Intermediate Care Facilities for the Mentally Retarded (ICF/MR).

# State and Regional Planning and Advisory Councils

The Missouri Planning Council for Developmental Disabilities was created in 1971 under federal legislation. The council's federal mandate is to plan, advocate for, and give advice concerning programs and services for persons with developmental disabilities that will increase their opportunities for independence, productivity and integration into communities. The council also serves, under Missouri statute, as the Missouri Advisory Council on Mental Retardation and Developmental Disabilities, providing advice to the division and the division director. The council consists of up to 25 members which are appointed by the governor.

# Missouri Planning Council for Developmental Disabilities

Shetley, Shelly, chair, Kansas City; Boyle, George, Columbia; Browning, Jaynee, Jefferson City; Chapman, Tec, Jefferson City; Corey, Mary, Jefferson City; Crider, Dixie, Clarksdale: Enfield, Cathy, Independence; deLoyola, Shawn, Jefferson City: Freeman, Margaret, Poplar Bluff; Harper, John, Jefferson City; Horn, Vim, Kansas City; Kremer, Glenda, Jefferson City: Lunn, Owen, Nevada; Mackey, Terry, Mexico; McCarrell, Vicki, Boonville; Noll, Joann, Webster Groves; O'Dell, Bobby, Conway; Smith, Sharon, St. Louis:



JIM FINCH Superintendent, Bellefontaine Habilitation Center and St. Louis Developmental Disabilities Treatment Center



APRIL MAXWELL Superintendent, Higginsville Habilitation Center



MARY FANGMANN Superintendent, Marshall Habilitation Center



CHRIS BAKER Superintendent Nevada Habilitation Center

#### Marshall Habilitation Center

Slater St., PO Box 190, Marshall 65340 Telephone: (660) 886-2201 TDD: (660) 886-6929

#### Nevada Habilitation Center

2323 N. Ash, Nevada 64772 Telephone: (417) 667-7833 TDD: (417) 448-1302

#### Southeast Missouri Residential Services

Poplar Bluff: 2351 Kanell Blvd., Poplar Bluff 63902 Telephone: (573) 840-9370 TDD: (573) 840-9312

Sikeston: P.O. Box 966 112 Plaza Dr., Sikeston 63801 Telephone: (573) 472-5305 TDD: (573) 472-5391

# St. Louis Developmental Disabilities Treatment Centers

Administrative Offices 211 N. Lindbergh, St. Louis 63141 Telephone: (314) 340-6702 TDD: (314) 340-6659

> Northwest Habilitation Center 11 Brady Circle, St. Louis 63114 Telephone: (314) 877-5650

South County Habilitation Center 2312 Lemay Ferry Rd., St. Louis 63125 Telephone: (314) 894-5400

**St. Charles Habilitation Center** 22 Marr Ln., St. Charles 63303 Telephone: (636) 926-1300

#### **Regional Centers**

www.dmh.mo.gov/mrdd/help/regcenters.htm

#### Albany Regional Center

809 N. 13th St., Albany 64402 Telephone: (660) 726-5246 TDD: (660) 726-5844



TONY HARRIS, M.S. Superintendent Southeast Missouri Residential Services

# Stahlberg, Kit, Fredericktown; Stevens, Gary, Rolla.

Additionally, Missouri statute allows the Director of the Division of MRDD to establish Regional Developmental Disabilities Advisory Councils in any of the regions of the state to advise and participate in the development of regional plans of programs and supports and services for persons with developmental disabilities. The regional councils may have up to 20 members who reside in the region and serve staggered three-year terms. The regional council members are appointed by the division director.

# Habilitation Centers

www.dmh.mo.gov/mrdd/help/regions.htm#habcenter

#### Bellefontaine Habilitation Center

10695 Bellefontaine Rd., St. Louis 63137 Telephone: (314) 340-6000 TDD: (314) 340-6290

#### Higginsville Habilitation Center

PO Box 517, 100 W. First St., Higginsville 64037 Telephone: (660) 584-2142 TDD: (660) 584-3935

#### EXECUTIVE DEPARTMENTS — DEPARTMENT OF MENTAL HEALTH 551



KATHLEEN FEATHERSTONE Director Joplin Regional Center Springfield Regional Center



KIM CRITES Director Poplar Bluff Regional Center Sikeston Regional Center



CINDY MUELLER Director St. Louis Regional Center-South



ANITA CONTRERAS Director St. Louis Regional Center-North



JERRY CARPENTER Director Albany Regional Center Kansas City Regional Center



MARCY VOLNER Director Central Missouri Regional Center Rolla Regional Center



LINDA BOWERS Director Hannibal Regional Center Kirksville Regional Center

#### Central Missouri Regional Center

1500 Vandiver Dr., Ste. 100, Columbia 65202 Telephone: (573) 882-9835 TDD: (573) 882-9835

#### Hannibal Regional Center

805 Clinic Rd., PO Box 1108, Hannibal 63401 Telephone: (573) 248-2400 TDD: (573) 248-2415.

#### Joplin Regional Center

3600 E. Newman Rd., Joplin 64802 Telephone: (417) 629-3020 TDD: (417) 629-3020

#### Kansas City Regional Center

821 E. Admiral Blvd., Kansas City 64106 Telephone: (816) 889-3400 TDD: (816) 889-3326

#### Kirksville Regional Center

1702 E. LaHarpe, Kirksville 63501 Telephone: (660) 785-2500 TDD: (660) 785-2345

#### Poplar Bluff Regional Center

2351 Kanell Blvd., Poplar Bluff 63901 Telephone: (573) 840-9300 TDD: (573) 840-9312

Rolla Regional Center 105 Fairgrounds Rd., PO Box 1098 Rolla 65402 Telephone: (573) 368-2200 TDD: (573) 368-2200

Sikeston Regional Center 112 Plaza Dr., Sikeston 63801 Telephone: (573) 472-5300 TDD: (573) 472-5391

Springfield Regional Center 1515 E. Pythian, Springfield 65801 Telephone: (417) 895-7400 TDD: (417) 895-7430

#### St. Louis Regional Center

North, 211 N. Lindbergh, St. Louis 63141 Telephone: (314) 340-6500 TDD: (314) 340-6659

South, 111 N. 7th St., 6th floor, St. Louis 63101 Telephone: (314) 244-8800 TDD: (314) 244-8805