# Rules of Department of Health

## Division 20—Division of Environmental Health and Epidemiology

### Chapter 10—Protection Against Ionizing Radiation

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Chapter 10—Protection Against Ionizing Radiation

19 CSR 20-10.010 Definitions Relating to Ionizing Radiation

PURPOSE: This rule defines technical terms which are used throughout this chapter.

Editor's Note: The secretary of state has determined that the publication of this rule in its entirety would be unduly cumbersome or expensive. The entire text of the material referenced has been filed with the secretary of state. This material may be found at the Office of the Secretary of State or at the headquarters of the agency and is available to any interested person at a cost established by state law.

(1) Absorbed dose of any ionizing radiation is the energy imparted to matter by ionizing particles per unit mass of irradiated material at the place of interest. The unit of absorbed dose is the rad.

(2) Aluminum equivalent is the thickness of aluminum affording the same attenuation, under specified conditions, as the material in question.

(3) Controlled area is an area in which the occupational exposure of personnel to radiation or to radioactive material is under the supervision of an individual in charge of radiation protection. (This means that a controlled area is one that requires control of access, occupancy and working conditions for radiation protection purposes.)

(4) Dead-man switch is a switch so constructed that a circuit-closing contact can only be maintained by continuous pressure by the operator.

(5) Department is the Missouri Department of Health.

(6) Dose, unless otherwise indicated, as used in these rules, means rem dose.

(7) Effective half life \( T_e \); in days, is

\[
T_e = \frac{T_{b} \times T_{p}}{T_{b} - T_{p}}
\]

where \( T_b \) = biological half-life in days; and where \( T_p \) = physical half-life in days.

(8) Excessive radiation dose is a dose of radiation in excess of the maximum permissible dose (19 CSR 20-10.040).

(9) Individual is any human being.

(10) Installation is a place containing one (1) or more sources of radiation.

(11) Lead equivalent is the thickness of lead affording the same attenuation, under specified conditions, as the material in question.

(12) Maximum permissible accumulated dose (MPAD) is the dose of radiation which, if accumulated during the lifetime of the individual, is not expected to cause observable bodily injury.

(13) Maximum permissible dose (MPD) is the maximum rem dose that the body of an individual or specific parts of the body shall be permitted to receive in a stated period of time.

(14) Person is any individual, partnership, association, corporation, firm, trust, estate, public or private institution, group, agency, political subdivision of this state and any legal successor, representative, agent or agency of them.

(15) Personnel monitoring is the determination of the radiation dose received by an individual during the specified period.

(16) Protective barrier is a barrier of attenuating materials used to reduce radiation exposure.

(17) Qualified expert is an individual fitted by training and experience to perform dependable radiation surveys, to oversee radiation monitoring and to estimate the degree of radiation hazard. If the ability of a qualified expert is questioned, the department shall be the judge of his/her qualifications, in regard to which it may consider the testimony of other persons whom it deems expert.

(18) Rad is the unit of absorbed dose and is equal to one hundred (100) ergs per gram. It is a measure of the energy imparted to matter by ionizing particles per unit mass of irradiated material at the place of interest.

(19) Radiation is gamma rays and X-rays, alpha and beta particles, high-speed electrons, neutrons, protons, other nuclear particles and any other ionizing radiation, but not sound or radio waves or visible, infrared or ultraviolet light.

(20) Radiation hazard is any condition that might result in the exposure of individuals to excessive radiation dose.

(21) Radiation machine is any device that produces radiation when in operation.

(22) Radioactive material is any material, solid, liquid or gas, that emits radiation spontaneously.

(23) Relative biological effectiveness (RBE) is a numerical factor which is used to compare the effectiveness of absorbed dose of radiation delivered in different ways. The standard of comparison is X-ray or gamma radiation having a linear energy transfer in water of three (3) kev per micron. A list of RBE values of various kinds of radiation is given in Table 1, 19 CSR 20-10.110.

(24) Rem is equal to the absorbed dose in rads multiplied by the appropriate RBE.

(25) Roentgen is a unit of exposure dose of X-ray or gamma radiation such that the associated corpuscular emission per 0.001293 gram of air produces, in air, ions carrying one (1) eua of quantity of electricity.

(26) Sealed source is a quantity of radioactive material so enclosed as to prevent the escape of any radioactive material.

(27) Source (of radiation) is a radiation machine or a quantity of radioactive materials.

(28) Survey is the evaluation of actual or potential radiation or contamination hazards by or under the supervision of a qualified expert.

(29) X-ray tube housing protective diagnostic-type is one that reduces the leakage radiation to a maximum of 0.10 roentgen in one (1) hour at a distance of one (1) meter from the tube target when the X-ray tube is operating at its maximum current and voltage.

(30) X-ray tube housing protective therapeutic-type is a tube housing so constructed that the leakage radiation at a distance of one (1) meter from the target cannot exceed the rate of one (1) roentgen per hour and at a distance of five centimeters (5 cm) from any point on the surface of the housing accessible to the patient cannot exceed the rate of thirty (30) roentgens per hour when the tube is operated at its maximum current and voltage.

(31) Useful beam is that part of radiation which passes through the window, aperture, cone or collimating device of the tube housing.

(32) User is a person having administrative control over one (1) or more sources.
19 CSR 20-10.030 Registration of Sources of Ionizing Radiation

PURPOSE: This rule states the conditions under which sources of ionizing radiation must be registered with the department.

(1) The owner, user or operator of every existing or newly acquired source shall register the source of radiation with the department within ninety (90) days (March 9, 1965) after the effective date of this rule (December 9, 1964) and once every two (2) years after that as long as s/he continues to possess the source. Any newly acquired source shall be registered with the Department of Health within thirty (30) days after receipt. The registration shall be submitted on a form available from the department and shall describe each source, its location and use and the waste disposal practices, if any. The registration also shall give the name and address of the user(s) and the name and address of the qualified expert.

(2) The user shall notify the department in writing within thirty (30) days of any change of name or address of the user(s); addition or change of use; or of major consequence demanding immediate attention.

(3) All nonexempt radiation sources brought into Missouri for temporary use must be registered at least four (4) days before entry. The registration shall indicate the type and amount of the source, the scope of the use, duration of use and the exact locations of the use or storage. This requirement may be waived at the discretion of the Department of Health if the use is an unexpected occurrence of major consequence demanding immediate use and of which it would not have been possible to have knowledge four (4) days in advance.

(4) An installation registration may be issued, on application, for research institutions, teaching institutions and certain manufacturing establishments whose radiation conditions are undergoing constant change. These institutions and manufacturing establishments must maintain an active and effective radiation committee to review and approve all uses of radiation sources. A qualified expert must be retained to make hazard evaluations of all uses of all radiation sources and must be given authority to enforce recommended procedures.

(5) Registration shall not imply the department's approval of the conditions described in the registration.

19 CSR 20-10.040 Maximum Permissible Exposure Limits

PURPOSE: This rule establishes maximum permissible exposure limits. Maximum permissible doses are established for both external and internal exposures for persons within or outside controlled areas.

(1) Except as provided in subsections (1)(A) and (C) of this rule, the maximum permissible dose (MPD) from all external sources of ionizing radiation for persons within a controlled area shall be as listed in Table I.

(A) During any calendar quarter, the maximum permissible dose (MPD) of any external source of ionizing radiation for persons within or outside controlled areas shall not exceed the maximum dose for that source as listed in Table I.

(B) The user has determined the individual's previous accumulated occupational dose; and

(C) The dose, when added to the previously accumulated occupational dose, does not exceed the maximum permissible accumulated dose (MPAD) calculated according to the formula: MPAD = (N - 18) x 5 rems, where N is the individual's age in full years.

(2) For persons within a controlled area, the radiation dose to the tissues of the body from radioactive materials within the body shall be...
controlled by limiting the average rates at which these materials are taken into the body. Where this intake results from breathing contaminated air, the concentrations of the radionuclides in the air, averaged over any calendar quarter, shall not exceed the concentrations listed in Appendix I, Table 2, Column 1 of this chapter. The values in this table are for a workweek of forty (40) hours. For longer workweeks, the values must be adjusted downward accordingly. Where this intake results from the occurrence of radioactive material in drinking water or foodstuffs, the permissible concentrations shall be the same as in section (3) of this rule.

(3) For persons outside a controlled area, the MPD to the whole body due to sources within the controlled area or to radioactive materials escaping from the controlled area, shall be two (2) millirems in any one (1) hour, 0.1 rem in any seven (7) consecutive days and 0.5 rem in any year. In meeting this requirement, the user may take reasonable advantage of operational factors such as the amount of time that the radiation is present or that the area is occupied by any one (1) person.

(4) For persons outside a controlled area, the radiation dose to tissues of the body from radioactive materials within the body shall be controlled by limiting the average rates at which the materials are taken into the body. Where this intake results from the occurrence of radioactive materials in the air, drinking water or foodstuffs, the average concentrations of the radionuclides in the air or drinking water or foodstuffs, averaged over any calendar quarter, shall not exceed the concentrations listed in Appendix I, Table 2, Columns 2 and 3 of this chapter.

Auth: section 192.420, RSMo (1986). This rule was previously filed as 13 CSR 50-90.040. Original rule filed Nov. 9, 1964, effective Dec. 9, 1964.

19 CSR 20-10.050 Personnel Monitoring and Radiation Surveys

PURPOSE: This rule lists requirements for personnel monitoring and radiation surveys. Conditions under which routine monitoring of individuals occupationally exposed to radiation shall not be required are also listed.

(1) The user shall provide for radiation surveys and monitoring sufficient to assure compliance with other rules of this chapter. The radiation survey and monitoring shall be performed by, or under the direction of, a qualified expert using suitable instruments and methods for measuring radiation.

(2) Until an actual radiation survey can be performed, a written statement made by a qualified expert based on his/her analysis of the situation shall be acceptable as evidence of the absence of radiation hazard in a given area.

(3) Personnel monitoring shall be required for each individual for whom there is any reasonable possibility of receiving a weekly dose of all radiation exceeding fifty (50) millirems, taking into consideration the use of protective gloves, aprons or other radiation-limiting devices.

(4) Routine monitoring of individuals occupationally exposed to radiation from radiation machines shall not be required if—

(A) A qualified expert has specified the operating conditions under which there is no reasonable chance that any individual will be subjected to a dose of either more than twenty-five (25) millirems in any seven (7) consecutive days or more than three hundred twenty-five (325) millirems in any thirteen (13) consecutive weeks;

(B) The operating conditions in subsection (4)(A) of this rule are made known to all individuals who may be occupationally exposed to the radiation; and

(C) The installation continues to operate only under the specified conditions.

(5) Radiation surveys of sealed sources and sealed storage areas shall be made at least semianually to insure the integrity of the containment. The survey shall be capable of detecting the presence of 0.005 microcurie of removable contamination. If the survey reveals the presence of 0.005 microcurie or more of removable contamination, the user shall immediately withdraw the sealed source from use and shall cause it to be decontaminated and repaired, or disposed of, in accordance with procedures established by a qualified expert.

Auth: section 192.420, RSMo (1986). This rule was previously filed as 13 CSR 50-90.060. Original rule filed Nov. 9, 1964, effective Dec. 9, 1964.

19 CSR 20-10.060 Radiation Exposure Records and Reports

PURPOSE: This rule requires the user of radiation sources to keep records of personnel exposures, radiation measurements and the receipt and disposal of radioactive materials. It also states the conditions under which personnel exposures and radiation incidents must be reported.

(1) Records of all measurements required by 19 CSR 20-10.060 shall be kept available by the user for inspection by a representative of the department. Personnel monitoring records shall include the Social Security number and date of birth of the individual concerned.

(2) An accurate accounting for all radioactive materials, not specifically exempted by 19 CSR 20-10.020, shall be maintained. The records shall show the amount of radioactive material received, transferred, decayed in storage and disposed of and other information as may be necessary to account for the difference between the amount of radioactive material received or produced and the amount on hand. The user shall also keep records of the release of radioactive materials to the environment sufficient to demonstrate compliance with other rules of this chapter. The records shall be maintained and made available for inspection for at least five (5) years after final disposition of the radioactive material.

(3) Upon termination of employment of an individual, the individual or department, or both, upon request, shall be supplied with a summary statement of that individual’s radiation dose. (The estimated maximum dose shall be stated if no personnel monitoring has been carried out.) This record shall include statements of any circumstances where the dose to the employee from any source of radiation exceeded those specified in this chapter. Employee records must be kept available for inspection by the department during the tenure of employment of an employee and for a period of five (5) years after that.

(4) When it is known or believed that an accidental dose to a person in the installation may have exceeded two (2) times the amount permitted by applicable sections of 19 CSR 20-10.040, all facts relative to the occurrence shall be reported in detail to the department within seven (7) days of the discovery of the facts, and a copy of the report shall be put in that individual’s personnel file. The cause of the overexposure shall immediately be sought out and corrected.

(5) The loss or theft of any source of radiation not exempt from these rules shall be reported immediately to the department by telephone and a written report shall be submitted within twenty-four (24) hours.
(6) At the request of any employee, each user shall advise the employee annually of the employee's exposure to radiation as shown in records maintained by the user.

(7) Any accident involving either a public or private carrier conveying radioactive material shall be reported immediately to the Department of Health by telephone and a written report shall be submitted within twenty-four (24) hours.

Auth: section 192.420, RSMo (1986). This rule was previously filed as 13 CSR 50-90.060. Original rule filed Nov. 9, 1964, effective Dec. 9, 1964.

19 CSR 20-10.070 Storage of Radioactive Materials

PURPOSE: This rule requires the safe storage of radioactive material.

(1) The user shall see that radioactive materials are kept in a manner that will provide reasonable assurance that, during routine access to a controlled area, no person will be exposed in excess of the limits set forth in 19 CSR 20-10.040. Provisions shall be made to minimize the hazard to emergency workers in the event of fire and in situations where earthquake, flood and windstorm potentials exist.

(2) The user shall see that vaults or rooms used for storing materials that may emit radioactive gases or airborne particulate matter are ventilated in a manner that the concentration of the gases or particulate matter in the air does not constitute a radiation hazard.

(3) When there is a reasonable possibility that chemical, radiation or other action might lead to leakage of radioactive material from a container, the user shall provide a secondary tray or catchment to the container adequate to retain the entire amount of radioactive material.

Auth: section 192.420, RSMo (1986). This rule was previously filed as 13 CSR 50-90.070. Original rule filed Nov. 9, 1964, effective Dec. 9, 1964.

19 CSR 20-10.080 Control of Radioactive Contamination

PURPOSE: This rule limits personnel exposure by requiring the control or removal of radioactive contamination.

(1) The user shall see that all work with radioactive materials is carried out under conditions which will minimize the possibility of spread of radioactive material that could result in the exposure of any person above any limit specified in 19 CSR 30-10.040.

(2) Where the nature of work is such that a person or his clothing may become contaminated with radioactive material, both shall be monitored according to procedures established by a qualified expert. Personal contamination shall be removed according to procedures established by a qualified expert.

(3) Clothing or other material contaminated to a degree which could result in the exposure of any person above any limit specified in 19 CSR 20-10.040 should be retained inside the installation until it can be decontaminated or disposed of according to procedures established by a qualified expert.

19 CSR 20-10.090 Disposal of Radioactive Wastes

PURPOSE: This rule lists the conditions under which radioactive material may be released into the air or water or may be disposed of by burial in soil or discharged into a sanitary sewer.

(1) No user shall release radioactive material into the air or water in a manner which causes exposure of any person above the limits specified in 19 CSR 20-10.040. If several users are discharging radioactive wastes to the same environs, they shall cooperate in limiting the release and shall file with the Department of Health a statement of their agreed pro rata releases.

(2) Every person who receives radioactive waste material for holding and preparation, prior to disposal, shall first obtain a permit from the Department of Health for the holding and preparation.

(3) No owner or user shall dispose of radioactive waste materials by dumping or burial in soil except at sites approved by and registered with the Department of Health.

(4) Radioactive material may be discharged into a sanitary sewer provided that the—

(A) Material is readily soluble or dispersible in water;

(B) Quantity of any radioactive material released into the sewer in any one (1) day, when diluted by the average daily quantity of sewerage released into the sewer by the owner or user, will not result in average concentration exceeding the limits specified in Table 2, Appendix I of this chapter, and

(C) Gross quantity of all radioactive material so discharged does not exceed one (1) curie per year.

Auth: section 192.420, RSMo (1986). This rule was previously filed as 13 CSR 50-90.090. Original rule filed Nov. 9, 1964, effective Dec. 9, 1964.

19 CSR 20-10.100 Radiation Labeling

PURPOSE: This rule establishes requirements for labeling radiation machines, radiation areas and containers in which radioactive materials are transferred, stored or used and to list exemptions from posting or labeling requirements.

(1) The user shall indicate the presence of radiation by posting conspicuous signs or labels which bear appropriate wording, as described in sections (6)—(10) of this rule to explain the nature of the hazard.

(2) All such radiation warning signs and labels shall bear the standard symbol for designating any radiation hazard as described in Appendix II of this chapter.

(3) The use of the standard symbol, signs or labels for any other purpose is expressly prohibited. The symbol, signs and labels and the lettering used with it shall be as large as practical, consistent with size of the equipment or material. The lettering shall not be superimposed on the symbol.

(4) All signs and labels required by this section shall use the conventional radiation colors (magenta or purple and yellow background) and bear a conventional radiation symbol.

(5) All radiation machines shall be clearly labeled as follows: "Caution: Radiation This Equipment Produces Radiation When Energized." (Labels should be placed on the control panel near the switch which energizes the tube.)

(6) Each area shall be designated as a radiation area and shall be conspicuously posted with a sign(s) bearing a radiation caution symbol and the words "Caution: Radiation Area" if radiation levels exist which could subject an individual, continuously present, to
five (5) millimeters within any one (1) hour or could result in a dose of one hundred (100) millimeters in any seven (7) consecutive days.

(7) Each radiation area where there exists a radiation level in excess of one hundred (100) milliroentgens per hour shall be conspicuously posted with a sign(s) bearing a conventional radiation caution symbol and the words "Caution: High Radiation Area.

(A) Each high radiation area, except those containing only therapeutic units operating at sixty (60) kilovolts peak (kvp) or below or diagnostic units or both, shall be equipped with an internal control circuit which shall either cause the radiation exposure rate to be reduced to below one hundred (100) milliroentgens per hour upon entry of an individual into the area or shall energize a conspicuous visible or audible alarm signal in a manner that the individual entering and the supervisor of the activity are made aware of the entry. In the case of a temporary high radiation area (thirty (30) days or less), a control circuit is not required if a barricade, such as a fence or rope is erected and the required caution signs are posted.

(8) Any room, enclosure or operating area in which airborne radioactive materials exist in excess of the amount as stated in Table 2, Column 3, Appendix I of this chapter shall be conspicuously posted with a sign(s) bearing a conventional radiation symbol and the words "Caution: Airborne Radioactivity Area." In the event that respiratory protection is required, the equipment prescribed shall also be conspicuously designated.

(9) Each entrance to an area or to rooms shall be conspicuously posted with a sign(s) bearing a conventional radiation symbol and the words "Caution: Radioactive Material" if the radioactive material used or stored is an amount exceeding ten (10) times the maximum exempted amount as specified in Table 1, Appendix I of this chapter.

(10) Each container in which radioactive material is transferred, stored or used shall bear a conventional symbol and the words "Caution: Radioactive Material." Labeling shall not be required if the concentration of radioactive material does not exceed that specified in Table 2, Column 2 or 3, Appendix I if the quantity of radioactive material does not exceed that in Table 1, Appendix I of this chapter or for laboratory containers being used transiently. Where practical, signs required by this section should describe the quantities and kinds of radioactive materials involved.

(11) All areas that are readily accessible, but not normally occupied, and where a radiation hazard may exist on a frequent or infrequent basis, shall be suitably restricted and posted with the accepted radiation-hazard label.

(12) All radiation hazard labels posted shall be removed when the source of radiation is no longer present.

(13) Notwithstanding the provisions of other sections of this rule—

(A) A room or area is not required to be posted with a caution sign because of the presence of a sealed source provided the radiation level twelve inches (12") from the surface of the device does not exceed five (5) milliroentgens per hour and the sealed source is properly labeled in accordance with the requirements of this rule.

(B) Rooms or other areas in hospitals are not required to be posted with caution signs because of the presence of patients containing radioactive material provided that attendant personnel are adequately instructed as to the precautions necessary to prevent the exposure of any individual to radiation or airborne radioactive materials in excess of the limits established in 19 CSR 20-10.

(C) Caution signs are not required to be posted at areas or rooms containing radioactive materials for periods of less than twenty-four (24) hours provided that these materials are constantly attended by an individual during these periods, or that there is no chance that any individual would come into the area or room not knowing a hazard exists.

(D) Radiation areas and high radiation areas which result from the operation of therapeutic X-ray machines operated at potentials of sixty (60) kvp and below or from the operation of diagnostic X-ray machines shall be exempt from the posting requirements of this rule provided that the operator of the equipment has taken precautions to insure that no individual other than the patient shall be in the radiation area.

Auth: section 192.240, RSMo (1966). This rule was previously filed as 13 CSR 50-90.110. Original rule filed Nov. 9, 1964, effective Dec. 9, 1964.

19 CSR 20-10.120 General Requirements for Diagnostic X-ray Equipment

PURPOSE: This rule establishes general requirements for diagnostic X-ray equipment.

(1) The X-ray tube housing shall be of the protective diagnostic type.

(2) Total filtration shall be as follows:

(A) For fluoroscopic and radiographic equipment operating at seventy (70) kilovolts peak (kvp) and below, the total filtration permanently in the useful beam, for routine use, shall be equivalent to at least 1.5 millimeters (mm) of aluminum. This condition shall be considered fulfilled if the half value layer (HVL) of the useful beam is 1.5 mm of aluminum or greater.

(B) For fluoroscopic and radiographic equipment capable of operating above seventy (70) kvp, the total filtration permanently in the useful beam shall be equivalent to at least 2.5 mm of aluminum. This condition shall be considered fulfilled if the HVL of the useful beam is 2.5 mm of aluminum or greater.

19 CSR 20-10.110 Relative Biological Effectiveness Values

PURPOSE: This rule lists relative biological effectiveness values which are referred to in other rules of 19 CSR 20-10.